Dear KLA Frog Families,
Welcome to Week 5 of our 2021 KLA Season. We have had 19 practices so far and our Frogs are improving day by day. There are a few important details for upcoming events I need to communicate with all our team families.

This week will run normal practice times. Next week we will add in our annual KLA Team Time Trials. We want to design Time Trials to be like our new 2021 League meet schedule.

The objectives for this important Team Time Trial event are:
1.) For our team kids to sense what real in-person competition is like and perform their races well
2.) For our team kids and parents to experience the new 2021 meet format; one team opponent over two days of racing divided by age groups, younger and older kids
3.) For coaches to gather accurate swim times as we prepare for our first meets the following week 6/29 and $7 / 1$.
4.) For our facility crew to test out our equipment and event organization

On Tuesday June $22^{\text {nd }}$, all 8under and 9-10 KLA boys and girls will race. (No practice for $11-18 \mathrm{~s}$ on Tues. 6/22).
On Thursday June $24^{\text {th }}$, all 11-12, 13-14, and Senior KLA girls and boys will race. (No practice for 8's and 10 's on Thurs 6/24).

All Frogs are expected to participate in their age group event. Coaches are planning for everyone to be present. I will distribute a simple "Opt- Out" Form for families who know for certain they cannot attend. This Form is the primary method of communication, and it needs to be returned by this Sunday 6/20. At all Trials and Meets each summer, our families are expected to communicate any planned absences 3-4 days in advance of a meet with Coach Tom. Please avoid all last second day of the event cancellations that create stress and disorganization for our coaches and team.

The Timeline for both Tues 6/22 and Thurs 6/24:

1. Team members should plan to arrive at KLA no later than $4: 45$ and settle into organized age group zones on the grassy lawn. Frogs need to verify their assigned meet events on our Meet Lineup sheet and get ready for Warmup.
2. Our Warmup both days will begin at 5:00 sharp.
3. After Warmup, we will have our Team Meeting and Cheer at the bulletin board.
4. The Team Time Trials will begin at $5: 20 \mathrm{pm}$ with most all the 72 events that are relevant to the age groups.

Spectators are allowed but are limited to immediate family members only to keep our capacity relatively low. We predict this new format for Time Trials will be about 2 to 2.5 hours long concluding sometime around 7:00 or 7:30pm. Families can bring some snacks, but swimmers should plan to eat a full dinner until after their races are over.

The flow of action for kids will be to arrive at the Ready Area on the upper east deck 8-10 minutes before each assigned race to check in with the Clerk of Course. The Clerk volunteer will release them to walk down the stairs to their assigned block, check in with timers, and complete their race. Afterwards, swimmers exit the pool to the north and walk down to the shallow end and return to the grassy lawn area until their next race.

Our swim director Willie Bell will be asking for many parent volunteers to make this event be smooth and efficient. We need lane timers, Meet Manager operators, parent wranglers, and other roles to be filled. Thank you in advance for stepping up to help on Tuesday or Thursday.

Let me know if you have any follow-up questions at swimcoach@klahaya.net
Roll Frogs!
Coach Tom Schutte

