## Klahaya Swim & Tennis Teams Code of Conduct

At Klahaya, parents, coaches, athletes and volunteers all share the same goal: that training and competition with the team is an inclusive, supportive, safe, and positive experience for all. With this in mind, we request each family read and become familiar with the Code of Conduct below.

- Athletes and parents will always treat coaches, other parents, teammates, opponents, officials, and volunteers with respect.
- Athletes and parents will always listen to and follow the instructions of coaches.
- Athletes will help teammates perform well at practices and meets or matches.
- Athletes will treat the team's equipment and club environment with respect, putting away all gear and equipment when/as directed by the coaching staff.
- Athletes will arrive on time for practices and meets or matches, with all necessary equipment, ready to swim or play.
- Athletes will ask a coach before exiting the pool or court during practice sessions.
- Athletes will always be safe, treat others safely, and report all injuries to the coaching staff immediately.
- Athletes will work to maintain a positive attitude including demonstrating effort, dedication, and commitment at all practice sessions and meets or matches.
- Athletes, coaches, parents, and volunteers will always use appropriate language and manners. No profanity, abusive, or suggestive language is allowed.
- Athletes will refrain from inappropriate or unwelcome physical contact with others during practices, meets, matches, and in the locker rooms.
- Athletes and parents will not use cell phones or cameras in the locker rooms or behind the starting blocks (for swimming events and activities) at any time per club and Safe Sport guidelines.
- The use of drugs, alcohol, or any form of tobacco by athletes is prohibited.
- Athletes and parents will refrain from any activity that could be considered as bullying, harassment, hazing, and/or intimidation. This includes the use of derogatory terms in relation to race, religion, sexual orientation, and/or gender expression.
- Athletes and parents will be careful and respectful when using the Internet as a means of social networking.
   There will be no tolerance for any harmful or disparaging actions on social media toward teammates, coaches, officials, volunteers or opposing teams.
- If parents feel the need to approach a coach to discuss a concern or complaint, please do so respectfully and in the appropriate environment away from the practice or competition. If you are unsure, please contact the Swim Director at swimdirector@klahaya.net or the Tennis Director at tennisdirector@klahaya.net.